



SMT. PARVATHAMMA SHAMANUR SHIVASHANKARAPPA RESIDENTIAL SCHOOL & P U COLLEGE

Beside Davangere University, Tolahunse

NAME OF THE EVENT	INTERNATIONAL DAY OF YOGA – 21ST JUNE 2023
OBJECTIVE	Promote health, well-being, and global unity.
OUTCOMES	Fitness, mindfulness, unity, well-being, harmony, rejuvenation, peace
PARTICIPANTS / WINNERS	Students from Grade – I to VII
GUESTS & SPEECHES	Anil Raikar - Yoga Instructor

DESCRIPTION OF THE EVENT

The International Yoga Day was celebrated at the school assembly area at 5:30 AM. The occasion was graced by the Vice Principal, Mr. Umapati HG, and the HOD of the Sports Department, Mr. Sangeev Kumar. Students enthusiastically participated in mass yoga practice and meditation, promoting the significance of a healthy lifestyle. They pledged to prioritize their well-being. The event also included the felicitation and honoring of the esteemed yoga master, Anil Raikar, for his valuable contributions.

PHOTOS & VIDEO LINKS



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